



Aberporth to Tresaith, Ceredigion

Linking the pretty seaside villages of Tresaith and Aberporth, this short 2 mile family friendly walk packs in plenty of highlights.

"With stunning scenery this an extremely popular family friendly cliff top path that links two charming coastal villages, with beaches, refreshments and toilet facilities."

NIGEL NICHOLAS, WALES COAST PATH OFFICER

Start and Finish:

Aberporth to Tresaith

Distance:

2 mile/3km.

Along the way...

Your starting point at Aberporth was once a busy maritime centre with a large fleet of herring fishing boats, but it's a pretty peaceful place today. With two sheltered, sandy beaches flanked by rockpools, it's the perfect spot for young explorers.

Nearly half the route, with picnic benches at both ends, is a high-quality wheelchair and pram friendly path that offers fantastic views along the coast and out over Cardigan Bay. The Bay is famous for its dolphins, which can often be seen playing among the waves (watch out for the carved wooden one at the beginning of the walk).

Building on Aberporth's wheelchair friendly beach access and toilet facilities, the section of Inclusive Access Cliff Top Path begins at Headland place and can also be accessed from the disabled bays of the Brynseion Chapel, now converted to residential accommodation car park off Heol y Graig, all of which lie to the east of Aberporth Bay. There are wheelchair friendly picnic benches 100 metres and 1km (0.6 miles) from the car park.

Follow the Wales Coast Path eastwards towards Tresaith, as it winds along the coast past a series of hidden rocky coves. While you walk, look out for birds like stonechats, meadow pipits and rare choughs, as well as colourful gatekeeper butterflies during the summer months. In Tresaith, look out for the unusual coastal waterfall that flows over the cliffs to the east of the golden sandy beach.

Need to know:

Half the route is wheelchair friendly and with picnic benches this is a delightful walk to escape the hustle and bustle of daily life.

The Cardi Bach coastal bus service runs seasonally between Aberporth and Tresaith. Visit Richard Bros website for timetables and pick up points: www.richardsbros.co.uk/Bus-Services